



## The picture on the box?

### A place it should not be: 12 Negatives

1. A place full of boredom, lethargy and staring into space
2. A place full of regimented control, locks, set times and task orientation
3. A place where staff are consumed with 'running' the place
4. A place where expressive behaviours are seen as the norm
5. A place that is clinical, sterile in atmosphere and lacking energy
6. A place where people are 'herded' into dining rooms to sit through silent mealtimes
7. A place where people stay in rather than go out
8. A place cut off from the outside world
9. A place that is empty and soulless
10. A place that knows nothing about who you were and are
11. A place that is emotionless and feels dead
12. A place that smells unpleasant



### A home and what it should be: 12 Positives

1. A place which has an adapted environment making sense to someone experiencing a dementia.
2. A place that places importance on a person's past life.
3. A place where staff connect and are trained in meaningful communication.
4. A place which provides meaningful occupation and opportunity to be busy.
5. A place which focuses on increasing people's well being.
6. A place where staff know how to interpret behaviours as feelings.
7. A place which provides comfort and a sense of belonging.
8. A place where staff try to understand each person's reality.
9. A place that helps people to feel safe and secure emotionally.
10. A place that promotes the need for people to feel free and not controlled.
11. A place where families, friends and visitors feel a sense of involvement and belonging.
12. A place where people working there receive the same person centred care as they themselves are expected to give to others.

