



As a fully qualified bilingual Mental Health Social Worker with over 10 years of experience in delivering programs and services for aged care facilities and associated bodies, I provide assistance either directly as part of the Village or as part of a mental health plan in conjunction with Nursing Staff and General Practitioners. In this capacity, I am involved with residents, their environment and their families who may be experiencing complex psychosocial dynamics. I can offer appropriate and effective mental health services.

As a Mental Health Social worker at the Village I work in partnership with the staff and health professionals to assist patients, families and carers to participate in an informed and active manner. Here I work with the multidisciplinary health team at Pennwood, to provide crisis intervention, psychosocial assessment, general counselling, advocacy, mediation, case management, therapeutic and grief / loss counselling. My aim is to contribute to both the residents and Pennwood by undertaking evidence informed assessments and interventions. Through therapeutic interventions and the mobilisation of services and supports, I seek to enhance the residents' social functioning, promoting resilience and wellbeing.

Family – Staff support for Residents

In my role at the village, I also coordinating intra and inter agency services for individuals and families with complex presentations requiring multiple levels and types of resources. I also provide advocacy with services for residents in order to provide continuity of care.

I am further involved in the development, introduction and delivery of new programs and services and developing and monitoring organisational policy and procedures.

To find out more about me or my credentials,
please visit www.nscounselling.com.au