



# PENNWOOD NEWS

PENNWOOD HOME CARE NEWSLETTER

February 2017

## Welcome to 2017...

We hope you all had a lovely Christmas and New Years.

2017 brings with it a lot of changes to the Aged Care System, especially for Home Care Packages.

By now, you should have received a letter from My Aged Care advising of the new National Prioritisation List and the portability of Home Care Packages. The changes will also allow Pennwood to deliver it's services in any suburb, not just in the west.

Please note that there will be no change to your current package.

However if you are currently receiving a lower level package than what you are approved for you may receive a letter in the future advising that you are able to access further funding for your care to remain at home. Should you receive a letter like this, please contact us immediately so that we can discuss your options.

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*"You have been very kind to mum and the family. I can't thank you enough."*

- Ms M. Kretschmer

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*"Thank you so much for all the support and love given to me during my recovery."*

- Ms M. Jokic

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Bus Trip to Murray Bridge—6th December 2016

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Elvira and Giuditta being served with blessed bread and wheat.

## Allied Health Service

Pennwood has a variety of allied health providers ready to improve your health and well being.

These include:

- Podiatrist
- Remedial Massage
- Physio
- Exercise Physiologist
- Dietician

If you have a regular health professional that you would like to stay with let us know and we may be able to assist.

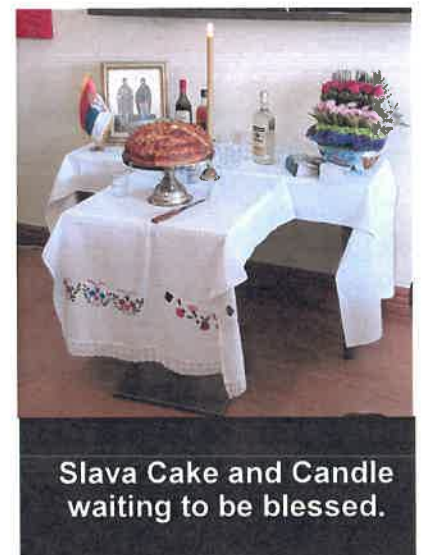
## 14th November 2016 Slava Day

Ljubica, our Home Care Coordinator, was the host for the 2016 Slava Day St. Cosmas and Damian.

A candle is lit, then wine is poured over a Slava cake, prepared and decorated by the host, which is then cut crosswise, rotated and broken into four parts and lifted up. During the ritual, thanks are given to the saint and prayers are said for prosperity.

There was lots of food, fun and dance.

Thank you to all the Home Care Clients that were able to make it on the day. We enjoyed sharing this special day with you...



Slava Cake and Candle waiting to be blessed.

## Suggestions for Outings

We look forward to working with our clients to put together some more fun and exciting outings in 2017.

If you have anywhere that you would really love to go or something you would like to do please let us know so that we can discuss it as a group.



**6th December 2016**

## Murray Bridge Bus Trip and River Cruise

After some very long planning, juggling the weather and other commitments, we managed to organise a bus trip to Murray Bridge for a river cruise. This is the biggest group of clients that we have had on a bus trip and happy to report that everyone enjoyed themselves!!!

Thanks to Marilyn for making the suggestion...



Try this month's colouring in...



## Contact Us

Give us a call for more information about our services and products. We would be more than happy to assist you.

**Pennwood Home Care**  
19 Windsor Ave  
Pennwood SA 5013

Ph: (08) 8341 0401  
Fax: (08) 8447 4193

Visit us on the web at  
[www.pennwood.org.au](http://www.pennwood.org.au)



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